



Crohn's disease

Deadline: Postmarked no later than **November 1, 2017**
Credit: 2 AAMA CEUs (gen/clin) **Code:** 132175



Directions: Determine the correct answer to each of the following, based on information derived from the article.

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- 1. Crohn's disease is an inflammatory bowel disease, but ulcerative colitis is classified in a different category of diseases.
- 2. Crohn's disease occurs only in the colon and rectum.
- 3. The symptoms of Crohn's disease can be similar to those of celiac disease (i.e., celiac sprue).
- 4. The upper third of the large intestine can be examined by a sigmoidoscopy.
- 5. Crohn's disease is associated with a higher incidence of coronary artery disease.
- 6. Because corticosteroids have negative side effects, they should not be used on a long-term basis.
- 7. Crohn's disease does not occur in patients younger than 18 years of age.
- 8. A stricture is a complication of Crohn's disease.
- 9. Ulcerative colitis impacts the innermost lining of the colon.
- 10. Rectal bleeding and bowel urgency are associated with Crohn's disease in the small intestine.
- 11. Raw vegetables can be a trigger food for people with inflammatory bowel disease.
- 12. Crohn's disease cannot be diagnosed definitively without a biopsy and tissue diagnosis.

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Multiple choice

- 13. Which of the following is a true statement about Crohn's disease?
 - a. Crohn's disease may develop in the mouth.
 - b. Crohn's disease affects only the outer layer of the bowel wall.
 - c. Crohn's disease appears in a continuous pattern, not in patches.
- 14. Which of the following is a true statement about ulcerative colitis?
 - a. Ulcerative colitis is limited to the small intestine.
 - b. Ulcerative colitis appears in a sporadic pattern.
 - c. About 30 percent of people with ulcerative colitis in remission will experience a relapse in the next year.
- 15. Which of the following is a correct definition of an abscess?
 - a. A narrowing of the section of the intestine caused by scarring, which can lead to an intestinal blockage.
 - b. An ulcer on the intestinal wall that creates a tunnel to another part of the intestine, skin, or another organ.
 - c. A collection of pus that can develop in the pelvis, around the anal area, or in the abdomen.

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